

Are you a Grade 11 or 12 Student?

Do you need to decide
what to do after high school?

Get FREE expert help!

You are Invited to Our Focus Group

What is involved?

1. You will experience a proven and straightforward process* that is 100% customized to you.
 - You will analyze and evaluate all the different kinds of work and identify the best ones for you
 - With that list in hand, you will identify the best education programs to get you there
 - Then you can relax because you will have a plan that you really like and trust

Bonus: you can re-use the tools and skills you learned to handle any new decisions you face in the future
2. At the beginning and end of the process, you will participate in a focus group to help us understand:
 - The stresses students experience when they aren't sure what to do next
 - The potential impact of this process on their stress level, well-being and confidence about their future
 - How to get the word out that this process exists

What is the time commitment?

You will attend three 2.5 hour sessions. Choose a group that suits your schedule (maximum of 5 participants per group):

- Monday Group: Attend November 16, 23 AND 30 from 3 PM to 5:30 PM
- Tuesday Group: Attend November 17, 24 AND December 1 from 3 PM to 5:30 PM
- Wednesday Group: Attend November 18, 25 AND December 2 from 3 PM to 5:30 PM

Where will it be held?

At Winston Churchill Public School (530 Earl Street) in Kingston, Ontario (to be confirmed)

How do I sign up?

Please contact **Ethel Kozliner** at **613.329.9007** or **ethelkozliner@jobmatics.com** to register or for more information

* The process is called Career Focusing™ and is used in select schools across Canada. Kathy Harris, author of the process and a retired Queen's University Career Information Specialist, will be your facilitator. Kathy has facilitated this process for thousands of clients over 20 years. The value of this process is \$500. It will be free for you as a thank you for your participation in our focus group.