

Are you a Grade 11 or 12 Student?

Do you need to decide  
what to do after high school?

**Get FREE expert help!**

## You are Invited to Our Focus Group

### What is involved?

1. You will experience a proven and straightforward process\* that is 100% customized to you.
  - You will analyze and evaluate all the different kinds of work and identify the best ones for you
  - With that list in hand, you will identify the best education programs to get you there
  - Then you can relax because you will have a plan that you really like and trust

Bonus: you can re-use the tools and skills you learned to handle any new decisions you face in the future
2. A bit of time will be spent at the beginning and end of the process to gather information to help us understand:
  - The stresses students experience when they aren't sure what to do next
  - The potential impact of this process on their stress level, well-being and confidence about their future
  - How to get the word out that this process exists

### What is the time commitment?

You will attend three 2.5 hour sessions. Choose a group that suits your schedule (maximum of 5 participants per group):

- Monday Group: Attend November 16, 23 AND 30 from 3 PM to 5:30 PM
- Tuesday Group: Attend November 17, 24 AND December 1 from 3 PM to 5:30 PM
- Wednesday Group: **Group Full** November 18, 25 AND December 2 from 3 PM to 5:30 PM

### Where will it be held?

At Winston Churchill Public School (530 Earl Street) in Kingston, Ontario (to be confirmed)

### How do I sign up?

Please contact **Ethel Kozliner** at **613.329.9007** or **ethelkozliner@jobmatics.com** to register or for more information

\* The process is called Career Focusing™ and is used in select schools across Canada. Kathy Harris, author of the process and a retired Queen's University Career Information Specialist, will be your facilitator. Kathy has facilitated this process for thousands of clients over 20 years. The value of this process is \$500. It will be free for you as a thank you for your participation in our focus group.